

RockResorts Spa™  
AT THE  
ARRABELLE



**RockResorts Spa™ at The Arrabelle—a luxurious 10,000-square-foot  
slopeside retreat in the heart of Colorado’s majestic  
Rocky Mountains—sets the standard in luxury, elegance and comfort.**

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The Arrabelle’s Signature Spa reflects the splendor and tranquility of its natural surroundings. Its warm and inviting ambiance is inspired by the Vail Valley’s crisp alpine air, sun-splashed skies, brilliantly colored wildflowers, enchanting aspen groves and awe-inspiring snowcapped peaks. Its superb design, rich textures, refined woods and elegantly rustic décor are reminiscent of Vail’s unique mountain heritage and pristine wilderness areas.

The spa’s exceptional, alpine-inspired treatments incorporate natural ingredients and aromas indigenous to the area—from mountain juniper and lavender to white pine and cedar. Its dedicated therapists perform timeless rituals that will soothe your muscles, rejuvenate your skin, heighten your senses and improve your feelings of health and well-being.

After a day on the slopes, on the golf course, on the river or in the shops of Vail’s charming pedestrian village, escape to RockResorts Spa at The Arrabelle and discover the perfect alpine haven.

RockResorts Spa at The Arrabelle. Let your journey begin...



## Spa Packages

### PERFECTLY PAMPERED

Treat yourself or a loved one to a full day of pampering.

- 50-minute Massage
- 50-minute Facial
- Alpine Retreat Pedicure

#### RECEIVE:

Complimentary Hand and Foot Moisture Melt; Aromatherapy scalp massage, oxygen and a glass of champagne

### QUICK ESCAPE

- Alpine Retreat Manicure
- 50-minute Massage

#### RECEIVE:

Complimentary Hand and Foot Moisture Melt

Can't find what you're looking for? Ask a spa concierge to help you design a package for the ideal spa day.

## BODY THERAPIES

### ELEVATION CLAY PURIFYING BODY WRAP | 80 MIN

A full body exfoliation performed with sustainable volcanic rock and Bora Bora sand will leave your skin noticeably bright and refined, while a powerful purifying mask made from a blend of botanical essences in a base of volcanic ash and China clay stimulates circulation and delivers mineral nutrients to the skin, leaving it revitalized and refreshed.

### HIMALAYAN SUPER FRUIT BODY PEEL AND WRAP | 80 MIN

The Himalayan Super Fruit Body Peel delivers age-reversing antioxidants from pomegranate, goji, acai, and bilberry while their naturally exfoliating enzymes remove impurities. While wrapped in a warm cocoon, these multitasking super fruits work their rejuvenating magic as you enjoy a luxurious scalp massage. This super peel finishes with a nutrient-rich skin hydrator to leave you feeling smoother than ever!

### WARM VANILLA HONEY BODY GLOW | 50 MIN / 80 MIN

Indulge yourself with the ultimate in skin nourishment. Your experience begins with a gentle exfoliating blend of brown sugar and honey, leaving your body polished and thoroughly hydrated. You are then warmly wrapped, as the omega and vitamin-enriched elixir deeply penetrates to help protect your skin from environmental agents, resulting in a healthy luminous glow.

### SEASONAL SPICE BODY PEEL AND WRAP | 50 MIN / 80 MIN

Simply Delicious! This aromatic peel contains pumpkin extract and malic acid to smooth away any rough areas of skin and restore a youthful complexion. A cinnamon vanilla brown sugar scrub will melt into your skin, sealing in the properties of the peel and quenching any dehydration. While wrapped in a warm cocoon, you will enjoy a luxurious scalp massage. This unique treatment will reveal soft, glowing skin.

### VANILLA CHAI WRAP | 80 MIN

This decadent holiday treat will warm the body and mind with the grounding aromas of vanilla and chai tea. Relax in a comforting body cocoon and then drift away during your full body vanilla bean moisturizing massage

### CREAMY COCONUT BODY GLOW | 50 MIN / 80 MIN

A soothing foot soak begins this refreshing treatment. It continues with an invigoration mint renewal white sand body polish, which prepares your skin to receive a deeply hydrating mineral rich mask infused with coconut milk. Next, you will relax in a warm cocoon, while your therapist performs a scalp massage. Once the mask is rinsed from your skin, you will receive a lavish full-body massage with a rich Kukui Nut coconut massage oil to soothe and protect summer skin.

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## MASSAGE THERAPIES

### ARRABELLE CUSTOMIZED MASSAGE | 50/80 MIN

Our most popular massage that is customized to your needs. At your request, our experienced massage therapists will tailor pressure and techniques to achieve your optimal results for relaxation and sore muscle recovery. Ask to enhance your massage with our signature Peak and Valley aromatherapy blends.

### SACRED STONE MASSAGE | 75 MIN

This treatment features the warming effects of hot river stones, which are strategically placed on your body and used as a massage tool to work the soreness and toxins out of tight and overworked muscles. The warm stones help to soften muscle tissue, increase circulation and allow you to achieve blissful relaxation. Advance reservations are strongly encouraged.

### COUPLE'S ESCAPE | 50/80/105 MIN

Share an unforgettable experience with that special someone, while enjoying a romantic couple's massage, in which two therapists work separately as you and your significant other enjoy your treatments side by side. The extended 105-minute session allows time after your massage for a soak for two, as well as a complimentary select adult beverage and Chef's specialty dessert.

### PRENATAL MASSAGE | 50 MIN

Pamper your body from head to toe with this massage, which is specially designed for the mother-to-be. Our trained therapists will relieve pains only pregnant women know about. This treatment is only recommended for women in their second or third trimester.

## FACIALS

### HYDRAFACIAL MD | 50/80 MIN

This world renowned clinical technology takes you through 4 steps: deep cleansing and exfoliation, extractions, custom serum infusions, and hydrating antioxidant peptides.

### ARRABELLE FACIAL | 50/80 MIN

Our experienced estheticians consider your concerns and analyze your skin to tailor the perfect facial, bringing out the best in your complexion. We address your unique needs with pure organic or clinical products. 20-minute treatment targets extractions, relaxation, or anti-aging

### EPIC FACIAL | 90 MIN

See Epic results instantly with our "best of" facial. Start with a HydraFacial deep cleanse, exfoliation, and extractions. Next receive the hydrating serum infusions of our Intraceuticals Oxygen Facial. Top it all off with microcurrent technology for improved facial contour and wrinkle reduction.

### INTRACEUTICALS OXYGEN LIFT FACIAL | 50/80 MIN

The Intraceuticals Treatment known as the "Oxygen Facial", has been a revolution in the professional skincare market. For the first time offering a crossover treatment which validates the relaxation and pampering aspects of the services while delivering dramatic instant results with no down time.

## MASSAGE ENHANCEMENTS

Perfect to incorporate into most of our body or massage treatments. Must be booked in conjunction with a 50-minute or longer treatment.

### SEASONAL ENHANCEMENTS

Ask our Spa Concierge about what seasonal enhancements are available.

### LYMPHATIC CUPPING

Suction cups rapidly loosen and lift connective tissue, while increasing blood and lymph flow to skin and muscles in ways not possible with massage.

### ADDITIONAL MASSAGE OPTIONS

Thai, Cranial Sacral, Reiki, Myofacial Release.

Please inquire about pricing and availability.

### HAND OR FOOT MOISTURE MELT

Heated aromatic oils soften dry, chapped hands and feet to ensure silky smooth skin.

### OXYGEN

Breathe 15-minutes of pure oxygen incorporated into your treatment to aid in altitude adjustment, fatigue and muscle recovery.

## FACIAL ENHANCEMENTS

Must be booked in conjunction with a 50-minute or longer treatment.

### SEASONAL ENHANCEMENTS

Ask our Spa Concierge about what enhancements are available.

### ORGANIC LIP TRIO

This three-step treatment starts with an exfoliating enzyme scrub, followed by a deeply hydrating plumping mask and ends with a buttery citrus balm.

### ANTI-AGING HAND TREATMENT

Reveal youthful hands with a brightening scrub and collagen mask.

### RESTORATIVE EYE TREATMENT

Prepares the delicate eye area with an antioxidant-rich exfoliant followed by an eye mask and eye cream designed to reduce inflammation and enhance collagen production.

### LED THERAPY | 20 MIN

Specific LED wavelengths invigorate cells to combat aging and acne-prone skin.

### NONSURGICAL FACIAL LIFT | 20 MIN

This treatment uses microcurrent technology for improved facial contour, skin tone and wrinkle reduction.

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## WAXING & TINTING

(see pricing card for options)

## HAND & FOOT PAMPERING

### ALPINE RETREAT MANICURE & PEDICURE

Rescue your tired, overworked hands and feet with this manicure and/or pedicure that includes an exfoliating scrub, nail shaping, cuticle work, soak, shea butter massage, and polish.



## HAND & FOOT ENHANCEMENTS

Perfect to enhance your nail treatment experience. Must be booked in conjunction with a manicure or pedicure service.

### SEASONAL ENHANCEMENTS

Ask our Spa Concierge about what enhancements are available

### BRIGHTENING COLLAGEN MASK

Adds 10 additional minutes

### CALLOUS REMOVAL

Adds 10 additional minutes

### EXTENDED MASSAGE

Adds 10 additional minutes

### FRENCH POLISH

Adds 15 additional minutes

### CND LUXE GEL POLISH

Adds 15 additional minutes. Damage free, long-lasting

### GEL REMOVAL

Adds 30 additional minutes  
*No acrylic, hard gel or dip system please*

## GENERAL INFORMATION

**AGE** Children who wish to use the spa, locker room amenities and fitness center must be at least 12 years of age, accompanied by an adult and conduct themselves in a manner that is appropriate for the facilities. For massages, body treatments or facials, guests ages 12 to 17 must have a parent or guardian present during the entire treatment. Manicures and pedicures have no minimum age, although children under 18 must have written approval of a parent or guardian.

**APPOINTMENTS & RESERVATIONS** To ensure availability of services and appointment times, we recommend scheduling your appointment(s) prior to arriving at the hotel. Spa services are guaranteed with a hotel confirmation number or credit card number. To make reservations, call 970.754.7754.

**ARRIVAL TIME** We recommend arriving 20 to 30 minutes prior to your scheduled appointment. This will allow you enough time to change into your robe and slippers, shower and (if you'd like) relax in the whirlpool, steam room, dry sauna or relaxation lounge. Please note that if you arrive late, your treatment will end at its scheduled time as a courtesy to the next guest.

**CANCELLATIONS & "NO SHOWS"** If you need to cancel or re-schedule an appointment, please provide us with at least 24 hours' notice. If you do not show up or fail to cancel your appointment with 24 hours' notice, your room or credit card will be charged at the full value of the treatment.

**ELECTRONIC DEVICES** We kindly ask that you do not bring cell phones, PDAs or other electronic devices into the spa.

**FITNESS CENTER** The fitness center is open daily. It offers state-of-the-art cardiovascular equipment, weights, personalized fitness trainer consultation services and more.

**FOR YOUR COMFORT** We invite you to discuss your preferences and/or special needs with us so that we can help select the service provider best suited to you. To ensure your comfort, we also encourage you to communicate with your service provider regarding room temperature, pressure and technique.

**FOR YOUR SAFETY** Please be sure to inform your service provider if you are pregnant (especially if you are in the first trimester) or if you have high blood pressure, a heart ailment and/or any condition that may prohibit you from receiving heat, massage or skin care therapies. Note to pregnant women: We offer prenatal massage and other treatments for women in their second and third trimesters. However, some restrictions may apply, including scrubs, heated wraps, reflexology and aromatherapy treatments. Use of the steam room, dry sauna and whirlpool are not recommended during pregnancy.

**GIFT CARDS** RockResorts® Gift Cards may be purchased for any treatment, package or dollar amount. Cards must be presented at the time of service to be redeemed. The spa is not responsible for lost or stolen cards.

**GRATUITIES** For your convenience, a 22% service charge will be added to each spa service you receive.

**SMOKING** Smoking is prohibited in the spa.

**WHAT TO WEAR** A spa robe and sandals will be provided to you for use during your spa experience. Our therapists are trained on proper draping procedures to ensure your complete comfort at all times. However, if you prefer to remain partially clothed, you are welcome to wear undergarments during your treatment(s). Proper athletic footwear and clothing are required in the fitness center.

	50 MIN	80 MIN	105 MIN
<b>BODY THERAPIES</b>			
Elevation Clay Purifying Body Wrap		\$330	
Himalayan Super Fruit Body Peel		\$330	
Warm Vanilla Honey Body Glow	\$245	\$330	
Seasonal Body Peel and Wrap	\$245	\$330	
Vanilla Chai Wrap		\$330	
Creamy Coconut Body Glow	\$245	\$330	
<b>MASSAGE THERAPIES</b>			
Arrabelle Customized Massage	\$220	\$305	\$385
Sacred Stone Massage   75 MIN		\$305	
Couple's Escape	\$440	\$610	\$770
Prenatal Massage	\$220	\$305	

<b>MASSAGE ENHANCEMENTS</b>	
<i>Must be booked in conjunction with a 50-minute or longer treatment.</i>	
Lymphatic Cupping	Percussion Therapy
Hand or Foot Moisture Melt	Wildflower Scalp Massage
Oxygen Therapy	Awakening Eye Enhancement
Spa Ritual Hand, Foot or Back Scrub	
All enhancements are \$40	

	50 MIN	80 MIN	105 MIN
<b>FACIALS</b>			
Hydrafacial MD	\$325	\$425	
Arrabelle Custom Facial	\$245	\$330	
Epic Facial			\$585
Intraceuticals Oxygen Facial	\$285	\$375	
Keravive Hair Treatment - Half / Full	\$299 / \$399		

<b>FACIAL ENHANCEMENTS</b>	
Dermaplane	\$130
Organic Lip Trio	\$40
Nonsurgical Face Lift	\$150
LED Light Therapy	\$40

## HAND & FOOT PAMPERING

Alpine Retreat Manicure	\$105
Alpine Retreat Pedicure	\$105

## HAND & FOOT ENHANCEMENTS

*Must be booked in conjunction with a manicure or pedicure service.*

Seasonal Enhancements	Varies
Brightening Collagen Mask	\$40
Callous Removal	\$40
Extended Massage	\$60
French Polish	\$35
Gel Polish	\$25
Gel Removal	\$45

## WAXING & TINTING

Brow Shaping	\$40
Lip or Chin	\$30
Cheek	\$30
Brow Tint	\$50
Lash Tint	\$65
1/2 Leg	\$100
Brazilian	\$120
Full Leg	\$140
Full Leg with Bikini	\$200
Bikini	\$65
Bikini Plus	\$80
Underarm	\$50
Forearm	\$80
Full Arm	\$100
Full Back or Chest	\$140





THEVAILCOLLECTION.COM/ARRABELLESPA  
970.754.7754



THE ARRABELLE  
— AT VAIL SQUARE —  
A ROCKRESORT

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